Mid-Career Reboot: Challenges and Choices

Exercise

Please take time to reflect before writing your responses to the following:

- What do you love doing in your work?

- How can you do more of these things?

- If you were to make a career change, what might it be?

- What are your non-negotiables?

- What is standing in your way from making a change?

Discuss your responses with one person at your table.

#CareerReboot
**ACTIONS: What are one to three steps you will take to advance your career aspirations?**

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<th>Action</th>
<th>Resource Needed</th>
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**CAREER RESOURCES:**

- *Be Your Own Coach: Your Pathway to Possibility*, Barbara Braham
- *Focus: Creating Career and Brand Clarity*, Danielle Beauparlant Moser and Debra Fehr Heindel
- *Rites of Passage: The Insider’s Strategic Guide to Executive Job-Changing and Faster Career Progress*, John Lucht
- *The Five O’Clock Club Series*, Kate Wendleton  
  - Targeting a Great Career  
  - Job Search Workbook  
  - Shortcut Your Job Search
- *news.clearancejobs.com*: Security Clearance News and Career Advice

**INDUSTRY ASSOCIATIONS:**

- *www.INSAonline.org* – Intelligence and National Security Alliance
- *www.usgif.org* – United States Geospatial Intelligence Foundation
- *www.womenintechnology.org* – Women in Technology
- *www.AFCEA.org* – AFCEA International